Release, Indemnification and Hold Harmless Agreement

In consideration of participating in sports camp activities, and for other good and valuable consideration, I hereby agree to release and discharge from liability arising from negligence Twin Lakes Camp and Conference Center and its owners, directors, officers, employees, agents, volunteers, participants, and all other persons or entities acting for them (hereinafter collectively referred to as "Releasees"), on behalf of myself and my children, parents, heirs, assigns, personal representative and estate, and also agree as follows:

- I acknowledge that participating in sports camp activities involves known and unanticipated risks which could result in
 physical or emotional injury, paralysis or permanent disability, death, and property damage. Risks include, but are not
 limited to, broken bones, torn ligaments other injuries as a result of falls or contact with other participants,; death as a result
 of drowning or brain damage caused by near drowning in pools or other bodies of water; medical conditions resulting from
 physical activity; and damaged clothing or property. I understand such risks simply cannot be eliminated, despite the use of
 safety equipment, without jeopardizing the essential qualities of the activity.
- 2. I expressly accept and assume all of the risks inherent in this activity or that might have been caused by the negligence of the Releasees. My participation in this activity is purely voluntary and I elect to participate despite the risks. In addition, if at any time I believe that event conditions are unsafe or that I am unable to participate due to physical or medical conditions, then I will immediately discontinue participation.
- 3. I hereby voluntarily release, forever discharge, and agree to indemnify and hold harmless Releasees from any and all claims, demands, or causes of action which are in any way connected with my participation in this activity, or my use of their equipment or facilities, arising from negligence. This release does not apply to claims arising from intentional conduct. Should Releasees or anyone acting on their behalf be required to incur attorney's fees and cost to enforce this agreement, I agree to indemnify and hold them harmless for all such fees and costs.
- 4. I represent that I have adequate insurance to cover any injury or damage I may suffer or cause while participating in this activity, or else I agree to bear the costs of such injury or damage myself. I further represent that I have no medical or physical condition which could interfere with my safety in this activity, or else I am willing to assume and bear the costs of all risks that may be created, directly or indirectly, by any such condition.
- 5. In the event that I file a lawsuit, I agree to do so solely in the state where Releasees' facility is located, and I further agree that the substantive law of that state shall apply.
- 6. I agree that if any portion of this agreement is found to be void or unenforceable, the remaining portions shall remain in full force and effect.

By signing this document, I agree that if I am hurt or my property is damaged during my participation in this activity, then I may be found by a court of law to have waived my right to maintain a lawsuit against the parties being released on the basis of any claim for negligence.

	s, picture, video, or testimony may be used in promo	
By checking this box I show the	nat I have read and understood that for anytime tha	t I or my dependent swims or does
water activities that it will be at ou	r own risk and that there are only water monitors, r	ot lifeguards, on the beach.
I have had sufficient time to read this	s entire document and, should I choose to do so, consul-	t with legal counsel prior to signing.
Also, I understand that this activity n	night not be made available to me or that the cost to eng	gage in this activity would be
significantly greater if I were to choo	se not to sign this release, and agree that the opportuni	ty to participate at the stated cost in
return for the execution of this releas	e is a reasonable bargain. I have read and understood	I this document and I agree to be
bound by its terms.		
Signature	Print Name	Date
PA	RENT OR GUARDIAN ADDITIONAL AGREEMI	ENT
(N	Aust be completed for participants under the age of	18)
In consideration of	(PRINT minor's names) being permitted to participate in this activity, l	
further agree to indemnify and hold h	narmless Releases from any claims alleging negligence	which are brought by or on behalf of
minor or are in any way connected w	ith such participation by minor.	
Parent or Guardian	Print Name	Date
(If no	tarization is necessary, please sign & stamp this side of	form.)